Welcome to SDES

• Tim Anderson, counselor/advisor, Academic Services for Student-Athletes
• Rishana Chandarana, programmer analyst, Housing and Residence Life
• Robin Cordis-Lewis, registered nurse specialist, Health Services
• David Crafts, interim assistant director, Student Affairs, Student Leadership Programs
• Myrna Pagán-Ulloa, coordinator, Academic Support Services, Student Disability Services
• R. Lynn Voiret, office assistant, Eastern Region Student Services

SDES Council Ideas, suggestions or comments? Contact a SDES Council member:
sdesign@mail.ucf.edu.

SDES Staff

www.sdes.ucf.edu

Check out Staff News and Information for announcements and helpful resources.

SDES Awards and Recognition

• Tim Anderson has joined the Academic Services for Student-Athletes advising staff. He will be working with the football, softball and men’s golf teams.

Anderson attended UCF from Colorado State University where he worked as an advisor for student-athletes the past year. He is a former college football player and was a student coach while completing his undergraduate studies at the University of Nebraska at Omaha. Anderson earned his master’s degree in sports management from Colorado State University in 2006.

• Dennis Dulniak, university registrar, participated in American Association of Collegiate Registrars and Admissions Offices’ (AACRAO) Nominations and Elections (NSE) Committee meeting in Denver from September 28-October 1. He was elected to the AACRAO Board of Directors for the 2006-07 term.

• Dr. Tam Hall, associate vice president for Student Affairs, recently met with Ryan Travia, Harvard University, a discussion group at the Department of Education’s 20th Annual National Meeting on Alcohol and other Drug Abuse and Violence Prevention in Higher Education held in Arlington, Virginia during October.

• Sarah Oleksy, member of the UCF Academic Affairs Committee and Residence Life, served as conference director for the 2006 NFCASPA Florida Drive-In Conference.

• University of Central Florida

The UCF Creed

Integrity, scholarship, community, creativity, and excellence are the core values that guide our conduct, performance and decisions.

Integrity

I will practice and defend academic integrity and personal honor.

Scholarship

I will challenge and force learning as a fundamental purpose of my membership in the UCF community.

Community

I will promote an open and supportive campus environment by respecting the rights and contributions of every individual.

Creativity

I will use my talents to enrich the human experience.

Excellence

I will adhere to the highest standards of performance in any endeavor I undertake.

University of Central Florida

Volume IX, No. 5

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SDES Welcomes Students and Their Families

Family Weekend is a UCF tradition that welcomes families and gives them the opportunity to explore the UCF campus and experience the university community. During the weekend of October 20-22, families attended many events that reflected a wide variety of activities and resources available to students and their families.

Participating in the University of Central Florida Family Weekend is important in building community support for every student,” said Ryan Travia, coordinator for the Apollo Community. “This is essential for first-year students who primarily reside in communities such as Libra and Apollo.” The more than 50 attendees stated they enjoyed the wonderful, friendly atmosphere that exists in the residential community.

In the Student Union, Open House was set up in four SDES offices. Office of Student Involvement (OSI), Student Government Association (SGA), Multicultural Student Center (MSC) and Fraternity and Sorority Life (F&SL), to welcome students and their families. This event offered families the opportunity to learn about the organizations that the students are active with or participate in on a daily basis. Students in MSC and F&SL introduced themselves and were available to answer questions. Erica Baker, Panhellenic president, commented, “The Open House allowed parents of Greek students to get a closer look at the office that provides the backbone to the entire Greek system.”

Family Weekend has allowed students to show off their planning skills, creativity and organizational commitment.

Campus Life hosted a Welcome Reception at the Recreation and Wellness Center’s Leisure Pool. As guests mingled, the vibes of a steel drum provided the background music for the evening. Following the reception, Vice President Mattihb Elgas, Student Development and Enrollment Services, along with President Mark White and Vice President Jared Stroet, Student Government Association, scooped Jeremi’s Italian ice for attendees. Guests raved about the Italian ice, stating it was the perfect cool-down on a hot evening.

Students with family members 17 years or older had the opportunity to use the Recreation and Wellness Center’s indoor facility and swimming pools for free during Family Weekend. Approximately 70 people participated in the Open Workout over the course of Family Weekend with 53 families and their family members. One family member stated, “This is an excellent opportunity for parents to get involved with their students.”

Late Knights, themed Gold Rush, was held on Friday evening.

Activities included a mechanical bull, inflatable games, line dance lessons, Karaoke, caricatures, western photos, bingo, comedy featuring Aaron Kan (sponsored by CAB), pumpkin painting contest, and Halloween card making and candy bagging to benefit local homeless children. BBQ from Bubbalou’s was served at midnight. Approximately 1,500 students and family members were in attendance.

Family Weekend at the UCF Rosen College of Hospitality Management’s campus began Friday night with their version of “Rosen Idol.” Students and their families were invited to join in the drawing by submitting to sing Karaoke. The three Bobcats who sang received tickets to Universal Studios. Students and their families were invited to join in the drawing by submitting to sing Karaoke. The three Bobcats who sang received tickets to Universal Studios. Students and their families were invited to join in the drawing by submitting to sing Karaoke. The three Bobcats who sang received tickets to Universal Studios. Students and their families were invited to join in the drawing by submitting to sing Karaoke. The three Bobcats who sang received tickets to Universal Studios.

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Karen Nguyen, OCSS, providing a student with information.

**Children Celebrate Diversity**

The Creative School for Children (CSC) Diversity, Art Show, and Food Drive walk on the second floor of Millikan Hall, celebrating “Diversity, Sport and Cultural Change” in October. The artwork was created by CSC’s “littlest knights,” children ages 2 to 5 years old and was displayed throughout October.

**Students Network with Future Employers**

Career Services & Experimental Learning hosted the fall 2006 Career Expo on September 20 with 230 employers and over 1,500 students in attendance. This event connects UCF students with both local and national business partners. According to Alexis Stewart, Hartman Counseling and Designing (HCD), “The fall 2006 Career Expo at UCF was well organized, represented a variety of companies and had an excellent turn out of students in many different disciplines. The fall Career Expo gave HCD the opportunity to display our achievements, capabilities, and recruit students into the field of civil and environmental engineering.”

From the student’s perspective, Sukh Gaurer (College of Arts and Humanities) stated, “The Expo was a great opportunity to network with employers and explore career possibilities.” The Spring Career Expo is scheduled for February 7.

**Performance addresses men with eating disorders**

Michael Feldman’s documentary, “MuscleBound,” illustrated men with body image disorders, asking what drives them, what scares them and why they hide their issues. Topics within the performance included how steroid and supplements are abused to gain athletic prowess and social acceptance. The entire performance made the male body in both straight and gay life more visible by depicting the effects of men dealing with anorexia, bulimia, and binge eating. MuscleBound took a look at the sharp rise of muscle dysmorphia, where muscular men perceive themselves as “too small” and exercise obsessively to gain girth. Feldman introduced in the documentary clips and tells the audience of his own personal battle with anorexia and binge eating.

MuscleBound attracted an audience of over 300. Following the documentary, 50 people participated in a panel discussion, which included: David Wallace (director for the Counseling Center), Paddy Wilkins (practitioner for Health Services) and Kelly Ferris (peer educator for Reach for Wellness). Some audience comments included: “It was pretty interesting, it opened up my eyes to issues I hadn’t heard of” and “It is clearly an area where we need to continue our educational efforts.”

**UCF Wins Design Awards at Regional Conference**

UCF Campus Activity Board (CAB) and the Office of Student Involvement (OSI) Design Group were recently honored at the National Association for Campus Activities (NACA) Conference in Alabama by winning the following competitions in a range of areas.

1. Place—One-Color Poster
2. Place—Web Site (CAB)
3. Place—Low-Cost Publicity
4. Place—Theme Publicity
5. Place—Non-Poster Publicity

**Counseling Center Open House**

Faculty, staff and students were invited to visit the newly renovated Counseling Center building (formerly the old Student Health Center). The facility houses the Counseling Center, Alcohol and Other Drug Prevention Program, The REAL Project, and Health Services—Psychiatry, Biofeedback, Massage Therapy and Acupuncture. Tours were given and refreshments were served.

**Bicycle Auction**

Bicycles abandoned on campus and recovered by the UCF Police Department will be sold at auction (cash only) to the highest bidder on November 14, starting at 11 a.m. in front of the Student Union. All proceeds raised at the auction will be used for student scholarships.

**UCF Collaborates with VCC for Transfer Students**

Transfer Agreement and Services (TAS) collaborated with Valencia Community College (VCC) to present the annual GradTrack transfer advising event. TAS created an event for students planning to transfer to UCF attended programs at VCC East and West campuses.

“This integrated college collection between UCF and VCC,” according to Charlotte Straind, director for TTS, “UCF faculty and advisors participate to ensure that VCC transfers are prepared to start their major at UCF next year.”

Presentations at both campuses gave Valencia students an opportunity to learn about the transfer process and undergraduate admissions. In addition, financial aid staff spoke to students about the importance of applying early and the steps required to begin the transition to UCF. Students explored their intended majors in small group advising sessions with UCF faculty and advisors. This year’s additional advising sessions were added for students who are still exploring major choices. Bob Snow and Jackie Jessup provided assistance and information to undecided students.
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• 1st Place–One-Color Poster
• 2nd Place–Web-Site (CAB)
• 3rd Place–Promo Poster

CAB recently presented a collaboration between UCF and VCC, according to Chattelaine Sinard, director of TTS. “This valuable program provides our community college partners with the most up-to-date information on UCF academic majors and other programs, and helps to ensure that students transferring from the community college system are academically prepared.”

UCF Collaborates with VCC for Transfer Students
Transfer Fair on the Career Services & Experiential Learning Center collaborated with Valencia Community College (VCC) to present the annual GradTrack transfer fair, which helps current UCF students planning to transfer to UCF attend programs at VCC East and West campuses.

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Yamada earned a Ph.D. in Clinical Psychology from Indiana University of Pennsylvania, and Hofmann holds a Ph.D. in Counseling Psychology from Texas A&M University.

The Counseling Center is focused on providing the best possible mental health services to students. This includes referral services to UCF students. Vivian Yamada, interim associate director of Counseling Services, coordinates this effort. The center has traditionally focused on providing experiential training for counseling and social work master’s students. This year, under the leadership of Karen Hofmann, interim associate director of Counseling Services, the center included a psychology pre-doctoral internship as well, with Wade Arnold (University of Florida) and Cindy Comody (Florida Atlantic University).

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**University of Central Florida**

**Stands for Opportunity**

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**Housing and Residence Life’s Libra and Apollo communities partnered together to host a reception for UCF families and friends.**

Participating in the University of Central Florida Family Weekend is important in building community support for every student, said Travis Gabriel, Raider for the Apollo Community. "This is essential for first-year students who primarily reside in communities such as Libra and Apollo. The more than 50 attendees enjoyed the wonderful, friendly atmosphere that exists in the residential community. In the Student Union, Open House was set up in four SDES offices, Office of Student Involvement (OSI), Student Government Association (SGA), Multicultural Student Center (MSC) and Fraternity and Sorority Life (F&SLL), to welcome students and their families. This event offered families the opportunity to learn about the organizations that the students are active with or participate in on a daily basis. Students in MSC and F&SLL introduced themselves and were available to answer questions. Erica Baker, Panhel president, commented, "The Open House allowed parents of Greek students to get a closer look at the office that provides the backbone to the entire Greek system." Family Weekend has allowed students to show off their planning skills, creativity and organizational commitment.

Campus Life hosted a Welcome Reception at the Recreation and Wellness Center's Libra and Apollo communities for first-year students who primarily reside in the communities. Libra and Apollo's wonderful, friendly atmosphere that exists in the residential community. Students and family members were in attendance.

Family Weekend at the UCF Rosen College of Hospitality Management's campus began Friday night with their version of "Rosen Idol." Students and their families were invited to join in the fun and competition to sing Karaoke and impress the panel of judges. After singing, they received a music DVD of their performance. Tyson Nales, Rosen Idol first place winner, won two tickets to Universal Studios. On Sunday, Rosen students and families came together to enjoy a brunch buffet. "The food was delicious, and the Rosen staff were gracious and attentive," said Sandy Rodenbrock, SDES staff member and parent of a student attending Rosen. "The other parents that I met were all very pleased with their student's college experience." After the brunch, everyone was invited to attend a game of volleyball in the Rosen Field.

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**What are parents saying about UCF?**

"This is the perfect fit for our daughter."

"I love Parents Weekend."

"I love UCF."